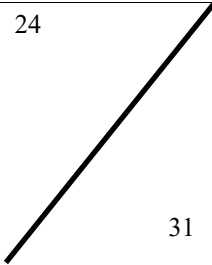


August 2025 Lunch Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
V = vegetarian Vegan = no meat, eggs, or dairy					1 Grilled Chicken, Spanish Rice, Steamed Vegetables, Fruit <i>V & Vegan: Marinated Tofu</i>	2
3	4 Lo Mein Noodles with Stir Fried Vegetables & Tofu, Steamed Carrots, Fruit <i>V & Vegan: ok</i>	5 Baked Ziti, Steamed Vegetables, Fruit <i>V: ok</i> <i>Vegan: Pasta with Marinara Sauce</i>	6 Chicken & Rice Soup, Steamed Vegetables, Fruit <i>V & Vegan: Vegetable & Rice Soup</i>	7 Falafel, Hummus, Pita, Fruit <i>V & Vegan: ok</i>	8 Shepherd's Pie, Asparagus, Oranges <i>V & Vegan: Polenta Cakes with Marinara Sauce</i>	9
10	11	12	13	14	15	16
<i>LMUCC CLOSED—Transition Week (August 11th-15th)</i>						
17	18 Tomato Basil Soup, Grilled Cheese Sandwich, Apples <i>V: ok</i> <i>Vegan: Avocado Sandwich with Grilled Vegetables</i>	19 Pesto Pasta with Pumpkin Seeds, Black Bean & Corn Salad, Fruit <i>V & Vegan: ok</i>	20 Vegetable Sushi Rolls, Edamame, Fruit <i>V & Vegan: ok</i>	21 Mushroom & Cheese Pizza, Steamed Vegetables, Fruit <i>V: ok</i> <i>Vegan: No Dairy Pizza</i>	22 Penne with Bolognese, Grilled Vegetables, Fruit <i>V & Vegan: Vegan Bolognese</i>	23
24  31	25 Fish Tacos, Cabbage Salad, Fruit, Green Salsa <i>V & Vegan: Brown Rice & Black Beans</i>	26 Tofu & Vegetable Stir Fry, Brown Rice, Oranges <i>V & Vegan: ok</i>	27 Macaroni & Cheese, Crispy Kale, Fruit <i>V: ok</i> <i>Vegan: Pasta with Marinara Sauce</i>	28 Vegetarian Minestrone, Rolls, Fruit <i>V & Vegan: ok</i>	29 Black Bean Burger, Baked Sweet Potato Wedges, Fruit <i>V & Vegan: ok</i>	30